

# Seeing Life Through Faith

## Psalm 5

### Pastor Josh Fegles

#### **Look to the Lord Each Day in the Psalms**

“In the morning when I rise, give me Jesus!” This is the heart of David when he writes Psalm 5. Known as ‘the morning psalm,’ we find in it valuable truth about God, the world and the believer. It’s not just great truth, but it’s also our day to day reality. Every morning when we wake up to a new day, we’re presented with new hope and also new difficulties. This psalm gives us a look at life from the perspective of faith. It becomes for us a daily realignment—a check to see if how we’re viewing reality lines up with what is reality in God’s eyes.

#### **Look to the Lord for HELP**

Faith starts with an understanding of our own personal need for help. There is no reason to pray if there’s no realization that you can’t do it on your own. Faith and prayer shine the light on our limitations. We pray for ourselves because we can’t do it by ourselves. We pray for others because we’re limited in our ability to help them. The prayer of faith as seen in the Bible is not only a confession of need, but a request for help from the Lord. When David cries out in prayer to the Lord, he verbalizes that it is “to you (the Lord God and King) I pray.” This is the place to start. Turn to the Lord for help and then wait in faith—in expectation. Look heavenward for your answer and believe He will hear and meet your needs.

#### **Look to the Lord for GRACE**

The believer who waits on the Lord for help can rejoice in the truth that God is good. He is righteous, true and just—but what about when we aren’t good, true or righteous? He doesn’t take pleasure in evil, but sometimes we do. We’re tempted by sin. We’re prideful enough at times to choose to live as if we didn’t believe in God. What then? What we realize is that in view of how good God is we wouldn’t stand if not for His great mercy and love. It is the humble heart that comes to God and remains there by His grace. It is His very grace that is magnified by His justice and His righteousness—it causes the believer to worship in His presence.

#### **Look to the Lord to LEAD**

David understood that in his life there are many enemies that would want to cause him harm, even deceive him and destroy him if that were possible. Fully knowing his own need for the Lord as well as the Lord’s loving mercy, he asks the Lord to lead him in righteousness and in the way of the Lord. Looking back at his own weakness and looking at the enemies ahead, he asked God to go ahead of him and show the way. He is surrounded by lies and can’t trust what he hears from the world. He knows the lies of his enemies and of the world. He knows these lies will take him away from the Lord and he wants to stay close.

#### **Look to the Lord to BLESS**

Finally David focuses on the reality that the Lord is the one who we are to find refuge in as we live in a world with ways and values that are contrary to the ways of God. The struggle and the brokenness of life are reasons to find safety and rest in the Lord. In Him the believer finds comfort as well as community. The relationship between the Lord and the believer is expanded to include the rest of the community of faith. There are those who find refuge in the Lord and there are those who don’t. Which one are you? Will you come? The result of coming to Him is a joy so full it comes out in rejoicing. Those who honor the Lord are blessed by Him and enjoy the favor of our Heavenly Father.

At the end of the day—how will you determine if it’s been a successful day? Will it be viewed through the Perspective of Faith in the Lord or trust in what the world tells you?

## Questions for Reflection & Discussion

Consider reading Psalm 5 every day this week.

### Recognizing Our Need for the LORD

Faith and submission to the Lord begin with the recognition that “I can’t do this”. As you journal and pray this week—spend some time bringing your needs to the Lord. Are there areas in your life that you are trying to do on your own? Why? How can you turn those over to God?

Try writing a psalm on your own. Focus on the 4 key perspectives we discussed.

Looking to the Lord for:

Help

Grace

Leading

Blessing

### MONDAY 7/9-

### FRIDAY 7/13

Vacation Bible School

9:00am-noon @ RWGT

See Lindsie for Details

### MONDAYS STARTING 7/9

Women’s Bible Study in

Galatians, 7:00pm @ RWCC

Sign up in lobby today or

contact Barb McCarthy for

Details, 524.1150

Vacation Bible School

9:00am-noon @ RWGT

See Lindsie for Details

### FRIDAY 7/13

High School Swim & Movie

Night, 6:30-11:00pm @

Greentree Pool & RWGT

See Josh for Details

### SATURDAY 7/15

All Church Services move

to River West Lake

Grove @ 9am, 11am &

5:30

### MONDAY 7/16-

### FRIDAY 7/20

Jr. High Summer Camp

@ Camp Bradley

See Josh for Details

### SATURDAY 7/21

Ministry Prayer Time

8-9:15am @ RWLG

### SATURDAY 7/28

River West Families -

Beach Day at Cannon

Beach Contact Lindsie  
or Anne for Details.